

# LUNCH MENU - MIDDLE SCHOOL

SCHOOL YEAR 2022-2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>					
LUNCH LINES 1 & 2	Philly Steak Sandwich or Crispito w/Cheese Sauce Steamed Baby Carrots Pinto Beans Caesar Salad	Spicy Chicken Sandwich or Bar-B-Q Sandwich Roasted Vegetables Potato Salad Rice Krispie Treat	Pizza Choice Veggie Cup Corn Spinach Salad Chocolate Chip Cookie	Turkey and Gravy or Meat Loaf Mashed Potatoes Peas Homemade Roll	Hamburger Cheese Choice Sandwich Toppings Broccoli Salad French Fries
LUNCH LINE 3	Cheese Quesadilla Crispito w/Cheese Sauce Burrito Toppings & Salsa Corn Mexican Rice	Sub  Rice Krispie Treat	Hot Dog Potato Tots Dragon Punch Chocolate Chip Cookie	Bar-B-Q Chicken Flatbread Sweet Potato Fries Great Northern Beans Jello	Chicken Fettuccini Garden Salad Steamed Broccoli w/cheese Steamed Baby Carrots Breadstick
<b>WEEK 2</b>					
LUNCH LINES 1 & 2	Brunch for Lunch Biscuit, Sausage, Gravy Scrambled Eggs Potato Tots Juice Choice Cinnamon Roll	Oven Fried Chicken or Pork Chop Patty Mashed Potatoes w/Gravy Green Beans Homemade Roll	Burrito Bar  Pudding	Bar-B-Q Sandwich or Hot Ham & Cheese Croissant Roasted Brussels Sprouts Spicy French Fries Bush's Baked Beans Sherbet	Pizza Choice or Sriracha BarBQ Sandwich Caesar Salad Sweet Potato Fries
LUNCH LINE 3	Potato Bar Pretzel Bites w/ 3 Cheese Sauce	Lasagna Caesars Salad Steamed Baby Carrots Garlic Bread Knot	Arroz Con Pollo Refried Beans Corn, Steamed Squash Brownie	Salad Bar  Pudding	Pizza Choice or 2 Mozz Filled Breadsticks w/Pizza Sauce Corn, Veggies & dip Caesar Salad
<b>WEEK 3</b>					
LUNCH LINES 1 & 2	Chicken Nuggets or Meatloaf Great Northern Beans&Cornbread Mashed Potatoes Steamed Broccoli w/cheese Apples & Caramel	Pizza Choice Caesars Salad Green Beans Monster Cookie	Hamburger Cheese Choice Toppings, French Fries Carrots & Dip Bush's Baked Beans	Breaded Chicken Sandwich w / Sriracha Ketchup or Corn Dog Potato Tots Baked Apples Roasted Broccoli & Baby Carrots	Soft Taco or Taco Salad Refried Beans Corn Texas Caviar Sunshine Bar
LUNCH LINE 3	Enchilada w/ Queso Cheese Corn Black-eyed Peas Garden Salad Apples & Caramel	Sub  Monster Cookie	Gen Tso Chicken & Veg. Fried Rice Stir Fry Vegetables Steamed Cabbage Pineapple	Sweet Tia Chili Sauce Wings Green Beans Potato Tots Cauliflower Salad	Soup** Hot Dog or Grilled Cheese Dragon Punch Veggie Cup
<b>WEEK 4</b>					
LUNCH LINES 1 & 2	Pork Chop Patty or Bar-B-Que Sandwich Macaroni & Cheese Bush's Baked Beans Cole Slaw Snicker Doodle Cookie	Pizza Choice Caesars Salad Steamed Broccoli	Nacho Supreme Mexican Rice Corn Black Beans Chocolate Cake	Salsbury Steak Chicken Pot Pie Mashed Potatoes Green Beans Glazed Carrots Homemade Roll	Fish Strips or 2 Mozz Filled Breadsticks w/Pizza Sauce Seasoned Potato Wedges Caesars Salad Lima Beans Sherbet
LUNCH LINE 3	Spaghetti w/Sauce Choice* Garden Salad Pinto Beans, Peas/Carrots and Cheese Garlic Bread Knot Snicker Doodle Cookie	Brunch for Lunch Croissant,Sausage,Egg and Cheese Tater Tots Juice Choice Baked Apples	Salad Bar  Chocolate Cake	Popcorn Chicken Baked Potato Steamed Broccoli w/cheese Baby Carrots w/dip	Chicken "Chow Mein" Stir Fry Vegetables Eggroll Asian Slaw Sherbet

AUGUST							SEPTEMBER							OCTOBER						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
				10	11	12					1	2			3	4	5	6	7	
	15	16	17	18	19			5	6	7	8	9		10	11	12	13	14		
	22	23	24	25	26			12	13	14	15	16		17	18	19	20	21		
	29	30	31					19	20	21	22	23		24	25	26	27	28		
								26	27	28	29	30		31						

November							December							January						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
			1	2	3	4					1	2			2	3	4	5	6	
		7	8	9	10	11			5	6	7	8	9		9	10	11	12	13	
		14	15	16	17	18			12	13	14	15	16		16	17	18	19	20	
		21	22	23	24	25			Christmas Break						23	24	25	26	27	
		28	29	30											30	31				

February							March							April						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
				1	2	3					1	2	3							
		6	7	8	9	10			6	7	8	9	10			3	4	5	6	7
		13	14	15	16	17			13	14	15	16	17			10	11	12	13	14
		20	21	22	23	24			20	21	22	23	24			17	18	19	20	21
		27	28						27	28	29	30	31			24	25	26	27	28

May						
S	M	T	W	TH	F	S
		1	2	3	4	5
		8	9	10	11	12
		15	16	17	18	19
		22	M2	M3	M4	M5
		29	M6	M7		

Holiday Meal

**HOLIDAY MEAL**

Menus are subject to change without notice due to availability.

\*Spaghetti Sauce Choice- meat or marinara

\*\*Chili may be substituted for soup during winter months

Served Daily with all Meals: Fruit Variety and Milk Variety

