LUNCH MENU - Heritage High School

SCHOOL YEAR 2022-2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1				
Chicken Nuggets or Chef Salad Corn Steamed Broccoli Sunset Sip Pudding Roll	Turkey and Gravy Chef Salad Mashed Potatoes Glazed Carrots Stuffing Roll	Fish Strips or Chef Salad Pinto Beans Mac & Cheese Cole Slaw WG Roll Sherbet	Chicken and Fried Rice Sub w/Toppings Stir Fry Veggies Asian Slaw Cinnanon Roll	#1 Hot Dog w/Toppings & Chips or Chef Salad Wango Mango Punch Baby Carrots Cookie #2 Brunch For Lunch
WEEK 2				
Pizza or Sub w/Toppings Baked Beans Sunset Sip Veggies and Dip Cookie	Crispitos w/Cheese or Chef Salad Green Beans Sour Cream & Salsa Cookie Dragon Punch	#1 Lasagna or PorkChop Patty Caesar Salad Corn Homemade Roll Icecream #2 Breaded Chicken Sandwich or Potato Bar Caesar Salad Corn WG Pretzel Bites Sherbet	Chili Peanut Butter and Jelly or Sub w/Toppings Veggies and Dip	Cheeseburger w/toppings or Chef Salad Sunset Sip Punch Chips Cookie

Served Daily with all Meals: Milk Variety, Fruit Variety & Juice Variety

AUGUST

S	M	T	W	TH	F	S
			10	11	12	
	15	16	17	18	19	
	22	23	24	25	26	
	29	30	31			

SEPTEMBER

S	M	T	W	TH	F	S
				1	2	
	5	6	7	8	9	
	12	13	14	15	16	
	19	20	21	22	23	
	26	27	28	29	30	

OCTOBER

S	M	T	W	TH	F	S
	3	4	5	6	7	
	10	11	12	13	14	
	17	18	19	20	21	
	24	25	26	27	28	
	31					

November

S	M	T	W	TH	F	S
		1	2	3	4	
	7	8	9	10	11	
	14	15	16	17	18	
	21	22	24	25	26	
	28	29	30			

December

S	M	T	W	TH	F	S
				1	2	
	5	6	7	8	9	
	12	13	14	15	16	
	Christmas Break					

January

S	M	T	W	TH	F	S
	2	3	4	5	6	
	9	10	11	12	13	
	16	17	18	19	20	
	23	24	25	26	27	
	30	31				

February

S	M	T	W	TH	F	S
			1	2	3	
	6	7	8	9	10	
	13	14	15	16	17	
	M1	21	22	23	24	
	27	28				

March

S	M	T	W	TH	F	S
			1	2	3	
	6	7	8	9	10	
	13	14	15	16	17	
	20	21	22	23	24	
	27	28	29	30	31	

April

S	M	T	W	TH	F	S
	3	4	5	6	7	
	10	11	12	13	14	
	17	18	19	20	21	
	24	25	26	27	28	

May

S	M	T	W	TH	F	S
	1	2	3	4	5	
	8	9	10	11	12	
	15	16	17	18	19	
	22	M2	M3	M4	M5	

Holiday Meal

- Menus are subject to change without notice due to availability.