

2022-2023 LUNCH MENU - HIGH SCHOOL

MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY																													
Mama's Kitchen week 1										Mama's Kitchen week 2																																							
Chicken Nuggets					Turkey and Gravy					BBQ Pork					Orange Chicken & Rice					Brunch For Lunch																													
French Fries					Mashed Potatoes					or Fish Strips					Stir Fry Blend Vegetables					Sliced Tomatoes																													
Corn					Roasted Brussel Sprouts					Macaroni and Cheese					Green Beans																																		
Steamed Broccoli					Glazed Carrots					Pinto Beans & Cole Slaw																																							
Breadstick					Homemade Roll					Homemade Roll					Cinnamon Roll																																		
Daily Choices: Fruit Variety(one cup each day,) Tomato Juice and Milk Variety										Daily Choices: Fruit Variety(one cup each day,) Tomato Juice and Milk Variety																																							
Sandwich Shop week 1										Sandwich Shop week 2																																							
BBQ Pork Sandwich					Fish Sandwich w/cheese					Cheeseburger					Pork Chop Sandwich					Tuna Salad on Croissant																													
Bacon Cheeseburger					Siracha Chicken Sub					Philly Steak Sandwich					Fajita Chicken Sub					Siracha Chicken Sub																													
BBQ Rib Sandwich					Cheeseburger					Hot Ham and Cheese Croissant					Cheeseburger					Cheeseburger																													
Breaded Chicken Sandwich					Spicy Chicken Sandwich					Uncrustable Grab Bag					Breaded Chicken Sandwich					Mozz Breadsticks w/marinara																													
Uncrustable Grab Bag					Uncrustable Grab Bag					Breaded Chicken Sandwich					Uncrustable Grab Bag					Uncrustable Grab Bag																													
					Chicken Wrap					Pizzaboli					Spicy Chicken Sandwich					Bar-B-Q Sandwich																													
French Fries					French Fries					Caesar Salad					Spicy French Fries					Caesar Salad																													
Baked Beans					Garden Salad					Spicy French Fries					Black Bean Salsa					French Fries																													
Daily Choices: Veggies w/ Dip, Tomato Slices, Fruit Variety(one cup each day,) and Milk Variety										Daily Choices: Veggies w/ Dip, Tomato Slices, Fruit Variety(one cup each day,) and Milk Variety																																							
Sub & Salad week 1										Sub & Salad week 2																																							
Sub Bar w/Veggies and Dip					Salad Bar					Burrito Bar					Sub Bar w/Black Bean Salsa					Sub Bar w/Veggies and Dip																													
Chef's Salad					Chef's Salad					Chef's Salad					Fruit & Yogurt Plate					Chef's Salad																													
Daily Choices: Fruit Variety(one cup each day,) Sunset Sip and Milk Variety										Daily Choices: Fruit Variety(one cup each day,) Sunset Sip and Milk Variety																																							
Global Fare week 1										Global Fare week 2																																							
6 pot stickers OR					Chicken Quesadilla					Pasta Bar w/ Garlic Bread Knot					Taco Salad w/Black Bean Salsa					Hot Dog Bar																													
General Tso's Chicken					Salsa					Roasted Vegetables										Veggies w/ Dip, French Fries																													
Fried Rice, Asian Slaw					Pizzaboli					Pizza					Pizza					Pizza																													
Stir Fry Veggies																																																	
Pizza					Veggies w/Dip & Garden Salad					Caesar Salad										Caesar Salad																													
Daily Choices: Fruit Variety(one cup each day,) Juice Drink Box and Milk Variety										Daily Choices: Fruit Variety(one cup each day,) Sunset Sip Punch and Milk Variety																																							
For All Lines: Monday-Pudding, Tuesday-Cookie, Wednesday-Ice Cream, Thursday-Jello, Friday-Cookie																																																	
2022-2023 Breakfast MENU - HIGH SCHOOL																																																	
MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY					Offered Daily																								
Sausage and Pancake on a Stick w/Syrup					Oatmeal Bar					Hot Ham & Cheese Waffle Sandwich					French Toast Sticks					Breakfast Pizza					Cereal Variety					Cheese Stick					Juice Variety					Toast					Yogurt Cup				
																									Pop Tart Variety					Ham					Fresh Fruit Variety					Bagel w/Cream Cheese					Cinnamon Breakfast Bun				
																									Biscuit					Bacon					Milk Variety					Mini Pancakes					ScobbyDo Snack Crackers				
																									Gravy					Sausage					Yogurt Bar					Nutrigrain Bar					Cheeze Its				
																									Chicken Patty					Eggs					Muffin					Chocolate Granola package									