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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# Lifeguard Certification Course

This official Blended Learning American Red Cross course provides a 2-year certification in lifeguarding, CPR, First Aid, and AED. This course is designed to give participants the basic and knowledge needed to be lifeguards in the pools and aquatics environments. This comprehensive course offers up to date information on how to guard; anticipate and prevent problems; and take action to help those in need. Participants must pass a swim test on the first day of class (Pre-course) to remain registered and complete all online work before the first session of the course.

**AGES:** 15 years or older

**Class size:**

Min: 3 participants per session

Max: 10 participants per session

**COURSE A DATES:**

**WHEN:** Pre-course (Swim test):

May 20<sup>th</sup>: 5-6pm

Session 1: May 27<sup>th</sup>: 4-8pm

Session 2: May 28<sup>th</sup>: 8:30am-4pm (Lunch break)

Session 3: May 29<sup>th</sup>: 8:30am-4pm (Lunch break)

**COURSE B DATES:**

Pre-course (Swim test):

June 3<sup>rd</sup>: 5-6pm

Session 1: June 10<sup>th</sup>: 4-8pm

Session 2: June 11<sup>th</sup>: 8:30am-4pm (Lunch break)

Session 3: June 12<sup>th</sup>: 8:30am-4pm (Lunch break)

**LOCATION:**

Owensboro Family YMCA

900 Kentucky Parkway

Owensboro, KY, 42301

(270) 926-9622

**RATES:**

Member: \$190

Non-Member: \$240

**\*A whistle and CPR rescue mask for participants will be included**



Questions or to register, contact our Aquatics Director at:  
270-663-8209 or [laura@owensboroyymca.org](mailto:laura@owensboroyymca.org)