



TEASING— How Can We Help Our Kids?

East View Elementary School

Learning how to handle teasing is important because it doesn't stop when your kid leaves elementary school – it still occurs in the work place. So as parents we have to prepare our kids on how to handle teasing. Here are some tips:

The person teasing gets their power from our negative emotion so the more upset we get the more power the other person feels.

Teach your child to remain calm so the person teasing moves on.

Teach your child to respond with unexpected replies by using humor or statements like, "Thanks for telling me or Thank you for noticing my hair today."

Help your child develop great social skills so that they stay surrounded by positive peers which will provide support for your child.

Once again this information is from a summary I read on the Love and Logic website. If you haven't visited the website please take the time visit this site – it is a great resource for parents!!



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Success—
Nothing Less”

*. Where
Kids
Shine*

Cindy Heady—EVES Counselor