



Help Your Child Build Their Self Esteem!!

- S** hare your experiences, ideas, and future goals with your child
- E** ncourage your child to look within for choices or decisions
- L** ove your child unconditionally and accept any shortcomings as a part of being human
- F** ocus on your child's educational progress and feeling about school. Listen to your child's ideas and concerns
- E** nter into a partnership with your child's school to insure the best education for him or her
- S** et good examples for your child by adhering to rules; be a good role model
- T** racking progress – ask his or her opinion to encourage a sense of responsibility and belonging
- E** xpect positive results from everything your child does, but accept failure as well as success
- E** ncourage your child to be expressive and to always communicate in a non-threatening manner
- M** ake sure that you know your child's friends