

LUNCH MENU - Heritage High School

SCHOOL YEAR 2021-2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1				
Chicken and Fried Rice Sub w/Toppings	Chicken Nuggets or Chef Salad	Fish Strips or Chef Salad	Taco Salad or Sub w/Toppings	#1 Hot Dog w/Toppings & Chips or Chef Salad
Stir Fry Veggies	Corn	Pinto Beans	Carrots and Dip	Wango Mango Punch
Asian Slaw	Steamed Broccoli	Mac & Cheese	Salsa	Baby Carrots
Pudding	Dragon Punch	Cole Slaw	Refried Beans	Cookie
	Cookie	WG Roll		#2
	Roll	Sherbet		Brunch For Lunch
WEEK 2				
Pizza or Sub w/Toppings	Crispitos w/Cheese or Chef Salad	#1 Lasagna or	Chili	Cheeseburger w/toppings or Chef Salad
Baked Beans	Garbanzo Beans	PorkChop Patty	Peanut Butter and Jelly or	Sunset Sip Punch
Sunset Sip	Veggies and Dip	Caesar Salad	Sub w/Toppings	Chips
Veggies and Dip	Sour Cream & Salsa	Corn	Veggies and Dip	Cookie
Pudding	Cookie	WG Bread Knot		
	Dragon Punch	Sherbet		
		#2		
		Breaded Chicken Sandwich or		
		Potato Bar		
		Caesar Salad		
		Corn		
		WG Pretzel Bites		
		Sherbet		

AUGUST							SEPTEMBER							OCTOBER						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
			11	12	13				1	2	3					4	5	6	7	8
	16	17	18	19	20			6	7	8	9	10			11	12	13	14	15	
	23	24	25	26	27			13	14	15	16	17			18	19	20	21	22	
	30	31						20	21	22	23	24			25	26	27	28	29	
								27	28	29	30									

November							December							January						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
	1	2	3	4	5					1	2	3			3	4	5	6	7	
	8	9	10	11	12			6	7	8	9	10			10	11	12	13	14	
	15	16	17	18	19			13	14	15	16	17			17	18	19	20	21	
	22	23	24	25	26										24	25	26	27	28	
	29	30													31					

February							March							April						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
			1	2	3	4				1	2	3	4							1
	7	8	9	10	11			7	8	9	10	11			4	5	6	7	8	
	14	15	16	17	18			14	15	16	17	18			11	12	13	14	15	
	M1	22	23	24	25			21	22	23	24	25			18	19	20	21	22	
	28							28	29	30	31				25	26	27	28	29	

May						
S	M	T	W	TH	F	S
	2	3	4	5	6	
	9	10	11	12	13	
	16	17	18	19	M2	
	M3	M4	M5	M6	M7	

■ Holiday Meal

● Menus are subject to change without notice due to availability.

Served Daily with all Meals: Milk Variety, Fruit Variety & Juice Variety

