

2019-2020 LUNCH MENU - HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mama's Kitchen week 1				
Turkey & Stuffing Mashed Potatoes & Gravy Roasted Brussel Sprouts Glazed Carrots Homemade Roll	Chicken Nuggets French Fries Corn Steamed Broccoli Homemade Roll	Buffalo Chicken or Fish Strips Macaroni and Cheese Cole Slaw Pinto Beans Homemade Roll	Chicken & Rice Stir Fry Blend Vegetables Green Beans	Brunch For Lunch Sliced Tomatoes
week 2				
Hot Brown or Turkey & Gravy Mashed Potatoes Steamed Broccoli and Steamed Squash Homemade Roll	Chicken Strips Spinach Salad French Fries Bread Stick	Meat Loaf or Pork Chop Patty w/gravy Peas Roasted Potatoes & Carrots Homemade Roll	Chili w/ Grilled Cheese Sandwich Veggies w/ Dip Wango Mango Punch	Chicken Pot Pie Sliced Tomatoes Corn and Pinto Beans Cole Slaw
Daily Choices: Fruit Variety(one cup each day,) Tomato Juice and Milk Variety				
Sandwich Shop week 1				
Bar-b-q Sandwich Cheeseburger Breaded Chicken Sandwich Bean & Cheese Burrito Bacon Cheeseburger Onion Rings Baked Beans	Meatball Sub Cheeseburger Spicy Chicken Sandwich PB & Jelly w/ String Cheese & Cheez-Its Chicken Wrap French Fries Garden Salad	Cheeseburger Sirache Bar-B-Q Sandwich PB & Jelly w/ String Cheese & Cheez-Its Breaded Chicken Sandwich Bar-B-Q Rib Sandwich Caesar Salad Spicy French Fries	Pork Chop Sandwich Cheeseburger Breaded Chicken Sandwich PB & Jelly w/ String Cheese & Cheez-Its Spicy Chicken Sandwich French Fries Black Bean Salsa	Tuna Salad on Croissant Cheeseburger Buffalo Chicken Sandwich PB & Jelly w/ String Cheese & Cheez-Its Bar-B-Q Rib Sandwich Caesar Salad Spicy French Fries
week 2				
Cheeseburger Breaded Chicken Sandwich Bean & Cheese Burrito Pork Chop Patty on Bun Bush's Baked Beans French Fries	Cheeseburger Breaded Chicken Sandwich PB & Jelly w/ String Cheese & Cheez-Its Buffalo Chicken Wrap Bar-B-Q Rib Sandwich French Fries	Cheeseburger Breaded Chicken Sandwich PB & Jelly w/ String Cheese & Cheez-Its Turkey Club Spicy French Fries Caesar Salad Waffle Sandwich	Cheeseburger Breaded Chicken Sandwich PB & Jelly w/ String Cheese & Cheez-Its Philly Steak Sandwich Spicy Chicken Sandwich Black Bean Salsa French Fries	Cheeseburger Breaded Chicken Sandwich PB & Jelly w/ String Cheese & Cheez-Its Hot Ham & Cheese Croissant Broccoli Salad Spicy French Fries
Daily Choices: Veggies w/ Dip, Tomato Slices, Fruit Variety(one cup each day,) and Milk Variety				
Sub & Salad week 1				
Sub Bar w/Veggies and Dip Chef's Salad	Salad Bar	Burrito Bar Chef's Salad	Sub Bar w/ Black Bean Salsa Fruit & Yogurt Plate	Sub Bar w/Veggies and Dip Chef's Salad
week 2				
Sub Bar w/Veggies and Dip Chef's Salad	Sub Bar Chef's Salad	Potato Bar w Pretzel Bites / Salad Bar	Sub Bar w/ Black Bean Salsa Chef's Salad	Sub Bar w/Veggies and Dip Chef's Salad
Daily Choices: Fruit Variety(one cup each day,) Sunset Sip and Milk Variety				
Global Fare week 1				
Egg Rolls or General Tso's Chicken w/ Veg Fried Rice, Asian Slaw Stir Fry Vegetables Pizza	Crispitos (2 each) Salsa Pizza Veggies w/ Dip and Garden Salad	Pasta Bar w/ Garlic Bread Knots Roasted Vegetables Pizza Caesar Salad	Taco Salad w/ Black Bean Salsa Pizza	Hot Dog Bar Veggies w/ Dip, French Fries Pizza Caesar Salad
week 2				
Chicken Fettuccini w/ WG Roll or Pizza Steamed Broccoli Caesar Salad	Crispitos (2 each) or Pizza Salsa Garden Salad	Lasagna w/ WG Breadstick or Pizza Corn Caesar Salad	Taco Salad or Pizza Black Bean Salsa Veggies w/ Dip	Fajita/ Enchilada or Pizza Salsa and Shredded Lettuce Mexican Rice and Refried Beans
Daily Choices: Fruit Variety(one cup each day,) Sunset Sip Punch and Milk Variety (*Soup is seasonal)				
For all lines: Monday-Pudding, Tuesday-Cookie, Wednesday-Ice Cream, Thursday-Jello, and Friday-Cookie				

