

## Respect— How to Handle It and Teach It to Our Kids!

Children back talk to get attention and then older children use unacceptable language to show how independent they think they are. The main idea to keep in mind is that children must understand that there are consequences for disrespect towards parents, other adults, and other children. As a parent, always expect respect and don't tolerate rudeness from others. Children have to get some respect to give respect back. Here are some tips (*Begin with the End in Mind*)

- 1) Do not respond immediately when back talk or rudeness occurs.
- 2) Stop conversing and ignore the conversation when delivered with disrespectful tone or looks. Your only response during this period should be, "You are wrong to speak that way. There is a right way and a wrong way to talk." (*Be proactive*)
- 3) Later, sit down with the child and let him know that disrespect will result in specific privileges being taken away.
- 4) Teach respect by discussing phrases the child can use to express anger or disagreement. For example, "I don't think you were fair with me today." This will teach the child to attack the problem not the person. (*Seek first to understand, then to be understood.*)
- 5) Also praise them when you hear them speaking appropriately.

Good luck!! Parenting is not easy at times!!

**"Respect yourself and others will respect you." --Confucius**