

Counselor's Corner

“Successful Steps in Teaching a Child to Clean Their Room”

EVES



**“Sun”sational
Success—
Nothing Less”**

Trying to get your child to clean their room can be a challenge for most parents. When parents tell their child to go clean their room it is like someone telling an adult to go clean the garage! It is overwhelming and no one knows where to begin. This is a life skill that is essential for children to learn so here are 5 steps to cleaning a bedroom:

- 1) Make the bed first
- 2) Put away everything on the floor
- 3) Clean up the rest by using the following three categories –clothes, papers/ books, and toys
- 4) Add one extra cleaning area per week like the desk , closet, or under the bed
- 5) Empty the garbage can

Giving children a list to follow allows them to stay focused and not become distracted as they clean their rooms.

Good Luck!!