

**East View
Elementary School**

Keeping Kids Safe Online

EVES

Are you nervous about how your children are spending their time on the Internet? It is a fact that kids are going on line at a younger age now than ever. Kids are meeting scary strangers online, getting too much screen time, and being exposed to things their parents would rather they didn't see until they are of legal age.

Here are some tips on how to keep your children safe-

- Be aware and involved – teach children how to be responsible and respectful on line just like you taught them to eat properly
- Do your homework – check out all websites your child is visiting
- Talk to your child – question your child about the website and then spend time with your child while they are on the website
- Teach cyber-safety – make sure they know how to avoid online dangers
- Set the rules – keep computer in central location in the home and set time limits
- Better safe than sorry – set the search engine to kid friendly content only
- Report suspicious activity- the law enforcement needs to be contacted if you suspect a problem
- Take another look at your own online habits-our kids watch us constantly so “practice what you preach”
- Embrace the online world – take advantage of the many educational and fun activities



“Sun-sational Success Nothing Less”

Cindy Heady
EVES Counselor