

2016-2017 LUNCH MENU - HIGH SCHOOL

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|--|
| Mama's Kitchen week 1 | | | | |
| Turkey & Stuffing Mashed Potatoes & gravy Garden Salad Glazed Carrots Homemade Roll | Chicken Nuggets French Fries Corn on The Cob Steamed Broccoli Homemade Roll | Buffalo Chicken Sticks or Fish Strips Macaroni and Cheese Cole Slaw Pinto Beans Homemade Roll | Chicken & Rice Stir Fry Blend Vegetables Green Beans | Brunch For Lunch Sliced Tomatoes |
| week 2 | | | | |
| Salisbury Steak or Bar-B-Q Rib Patty Mashed Potatoes & gravy Steamed Broccoli and Steamed Squash Homemade Roll | Chicken Strips Spinach Salad French Fries Bread Stick | Meat Loaf or Tuna Casserole Mashed Potatoes Peas and Cooked Carrots Homemade Roll | Chili w/ Grilled Cheese Sandwich Veggies w/ Dip Wango Mango Punch | Pork Chop Patty w/ white gravy Mashed Potatoes & Sliced Tomatoes Corn and Pinto Beans Biscuit |
| Daily Choices: Fruit Variety(one cup each day,) Tomato Juice and Milk Variety | | | | |
| Sandwich Shop week 1 | | | | |
| Bar-b-q Sandwich Cheeseburger Breaded Chicken Sandwich Peanut Butter & Jelly w/ String Cheese Bacon Cheeseburger Onion Rings Baked Beans | Meatball Sub Cheeseburger Spicy Chicken Sandwich Peanut Butter & Jelly w/ String Cheese Chicken Wrap French Fries Garden Salad | Philly Steak Sandwich Cheeseburger Grilled Chicken Sandwich Peanut Butter & Jelly w/ String Cheese Hot Ham & Cheese Bar-B-Q Rib Sandwich French Fries Ceasar Salad | Pork Chop Sandwich Cheeseburger Breaded Chicken Sandwich Peanut Butter & Jelly w/ String Cheese Spicy Chicken Sandwich French Fries Black Bean Salsa | Tuna Salad Sandwich Cheeseburger Breaded Chicken Sand. Peanut Butter & Jelly w/ String Cheese Bar-B-Q Rib Sandwich Broccoli Salad French Fries |
| week 2 | | | | |
| Cheeseburger Chicken Sandwich Peanut Butter & Jelly Pork Chop Patty on Bun Bush's Baked Beans French Fries | Cheeseburger Chicken Sandwich Peanut Butter & Jelly Buffalo Chicken Wrap Bar-B-Q Rib Sandwich French Fries | Cheeseburger Chicken Sandwich Peanut Butter & Jelly Turkey Club French Fries Ceasar Salad | Cheeseburger Chicken Sandwich Peanut Butter & Jelly Spicy Chicken Sandwich Black Bean Salsa French Fries | Cheeseburger Chicken Sandwich Peanut Butter & Jelly Grilled Chicken Sand. Ceasar Salad French Fries |
| Daily Choices: Veggies w/ Dip, Tomato Slices, Fruit Variety(one cup each day,) and Milk Variety | | | | |
| Sub & Salad week 1 | | | | |
| Sub Bar w/Veggies and Dip Chef's Salad | Sub Bar w/ Wango Mango Punch Chef's Salad | Burrito Bar Chef's Salad | Sub Bar w/ Black Bean Salsa Fruit & Yogurt Plate | Sub Bar w/Veggies and Dip Chef's Salad |
| week 2 | | | | |
| Sub Bar w/Veggies and Dip Chef's Salad | Sub Bar w/ Sunset Sip Punch Chef's Salad | Potato Bar / Salad Bar | Sub Bar w/ Black Bean Salsa Chef's Salad | Sub Bar w/Veggies and Dip Chef's Salad |
| Daily Choices: Fruit Variety(one cup each day,) Sunset Sip and Milk Variety | | | | |
| Global Fare week 1 | | | | |
| Egg Rolls or Chicken "Chow Mein" Asian Slaw Stir Fry Vegetables Pizza | Crispitos (2 each) Salsa Pizza Veggies w/ Dip and Garden Salad | Pasta Bar w/ WG Breadstick California Blend Vegetables Pizza Ceasar Salad | Taco Salad w/ Black Bean Salsa Pizza | Hot Dog Bar Veggies w/ Dip, French Fries Pizza Ceasar Salad |
| week 2 | | | | |
| Chicken Fettucini w/ WG Roll or Pizza Steamed Broccoli Ceasar Salad Soup* | Crispitos (2 each) or Pizza Salsa Garden Salad | Lasagna w/ WG Breadstick or Pizza Corn Ceasar Salad | Taco Salad or Pizza Black Bean Salsa Veggies w/ Dip | Fajita/ Enchilada or Pizza Salsa and Shredded Lettuce Mexican Rice and Refried Beans |
| Daily Choices: Fruit Variety(one cup each day,) Sunset Sip Punch and Milk Variety (*Soup is seasonal) | | | | |
| For all lines: Monday-Pudding, Tuesday-Cookie, Wednesday-Ice Cream, Thursday-Jello, and Friday-Cookie | | | | |



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