

2018-2019 LUNCH MENU - HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mama's Kitchen week 1				
Turkey & Stuffing Mashed Potatoes & Gravy Roasted Brussel Sprouts Glazed Carrots Homemade Roll	Chicken Nuggets French Fries Corn on The Cob Steamed Broccoli Homemade Roll	Buffalo Chicken or Fish Strips Macaroni and Cheese Cole Slaw Pinto Beans Homemade Roll	Chicken & Rice Stir Fry Blend Vegetables Green Beans	Brunch For Lunch Sliced Tomatoes
week 2				
Salisbury Steak w/gravy or Sous Vide Pork & gravy Mashed Potatoes Steamed Broccoli and Steamed Squash Homemade Roll	Chicken Strips Spinach Salad French Fries Bread Stick	Meat Loaf or Tuna Casserole Mashed Potatoes Peas and Roasted Vegetables Homemade Roll	Chili w/ Grilled Cheese Sandwich Veggies w/ Dip Wango Mango Punch	Pork Chop Patty w/ white gravy Mashed Potatoes & Sliced Tomatoes Corn and Pinto Beans Biscuit
Daily Choices: Fruit Variety(one cup each day,) Tomato Juice and Milk Variety				
Sandwich Shop week 1				
Bar-b-q Sandwich Cheeseburger Breaded Chicken Sandwich Peanut Butter & Jelly w/ String Cheese Bacon Cheeseburger Onion Rings Baked Beans	Philly Steak Sandwich Cheeseburger Spicy Chicken Sandwich Peanut Butter & Jelly w/ String Cheese Chicken Wrap French Fries Garden Salad	Cheeseburger Grilled Chicken Sandwich Peanut Butter & Jelly w/ String Cheese Breaded Chicken Sandwich Bar-B-Q Rib Sandwich Caesar Salad Spicy French Fries	Pork Chop Sandwich Cheeseburger Breaded Chicken Sandwich Peanut Butter & Jelly w/ String Cheese Spicy Chicken Sandwich French Fries Black Bean Salsa	Tuna Salad Sandwich Cheeseburger Buffalo Chicken Sand. Peanut Butter & Jelly w/ String Cheese Bar-B-Q Rib Sandwich Caesar Salad Spicy French Fries
week 2				
Cheeseburger Chicken Sandwich Peanut Butter & Jelly Pork Chop Patty on Bun Bush's Baked Beans French Fries	Cheeseburger Chicken Sandwich Peanut Butter & Jelly Buffalo Chicken Wrap Bar-B-Q Rib Sandwich French Fries	Cheeseburger Chicken Sandwich Peanut Butter & Jelly Turkey Club Spicy French Fries Caesar Salad	Cheeseburger Chicken Sandwich Peanut Butter & Jelly Spicy Chicken Sandwich Black Bean Salsa French Fries	Cheeseburger Chicken Sandwich Peanut Butter & Jelly Grilled Chicken Sand. Broccoli Salad Spicy French Fries
Daily Choices: Veggies w/ Dip, Tomato Slices, Fruit Variety(one cup each day,) and Milk Variety				
Sub & Salad week 1				
Sub Bar w/Veggies and Dip Chef's Salad	Sub Bar Chef's Salad	Burrito Bar Chef's Salad	Sub Bar w/ Black Bean Salsa Fruit & Yogurt Plate	Sub Bar w/Veggies and Dip Chef's Salad
week 2				
Sub Bar w/Veggies and Dip Chef's Salad	Sub Bar Chef's Salad	Potato Bar / Salad Bar	Sub Bar w/ Black Bean Salsa Chef's Salad	Sub Bar w/Veggies and Dip Chef's Salad
Daily Choices: Fruit Variety(one cup each day,) Sunset Sip and Milk Variety				
Global Fare week 1				
Egg Rolls or Chicken "Chow Mein" Asian Slaw Stir Fry Vegetables Pizza	Crispitos (2 each) Salsa Pizza Veggies w/ Dip and Garden Salad	Pasta Bar w/ Garlic Bread Knots California Blend Vegetables Pizza Caesar Salad	Taco Salad w/ Black Bean Salsa Pizza	Hot Dog Bar Veggies w/ Dip, French Fries Pizza Caesar Salad
week 2				
Chicken Fettuccini w/ WG Roll or Pizza Steamed Broccoli Caesar Salad Soup*	Crispitos (2 each) or Pizza Salsa Garden Salad	Lasagna w/ WG Breadstick or Pizza Corn Caesar Salad	Taco Salad or Pizza Black Bean Salsa Veggies w/ Dip	Fajita/ Enchilada or Pizza Salsa and Shredded Lettuce Mexican Rice and Refried Beans
Daily Choices: Fruit Variety(one cup each day,) Sunset Sip Punch and Milk Variety (*Soup is seasonal)				
For all lines: Monday-Pudding, Tuesday-Cookie, Wednesday-Ice Cream, Thursday-Jello, and Friday-Cookie				



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