

LUNCH MENU - Heritage High School

SCHOOL YEAR 2018-2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1				
Chicken "Chow Mein" Sub w/Toppings	Chicken Nuggets or Chef Salad	Fish Strips or Chef Salad	Taco Salad or Sub w/Toppings	#1 Hot Dog w/Toppings & Chips or Chef Salad
Stir Fry Veggies	Corn on Cob	Pinto Beans	Carrots and Dip	Wango Mango Punch
Asian Slaw	Steamed Broccoli	Mac & Cheese	Salsa	Baby Carrots
Puttting	Dragon Punch	Cole Slaw	Refried Beans	Cookie
	Cookie	WG Roll		#2
	Roll	Sherbet		Brunch For Lunch
WEEK 2				
Pizza or Sub w/Toppings	Crispitos w/Cheese or Chef Salad	#1 Lasagna Roll Up or	Chili	Cheeseburger w/toppings or Chef Salad
Baked Beans	Garbanzo Beans Veggies and Dip	Chicken Fajita Caesar Salad Corn	Peanut Butter and Jelly or Sub w/Toppings	Sunset Sip Punch
Sunset Sip	Sour Cream & Salsa	WG Breadstick Sherbet	Veggies and Dip	Chips
Veggies and Dip	Cookie	#2		Cookie
Puttting	Dragon Punch	Philly Steak Sandwich or Potato Bar Caesar Salad Corn WG Breadstick Sherbet		

AUGUST							SEPTEMBER							OCTOBER						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
			8	9	10				3	4	5	6	7			8	9	10	11	12
		13	14	15	16	17			10	11	12	13	14			15	16	17	18	19
		20	21	22	23	24			17	18	19	20	21			22	23	24	25	26
		27	28	29	30	31			24	25	26	27	28			29	30	31		

November							December							January						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
					1	2										1	2	3	4	
		5	6	7	8	9			3	4	5	6	7			7	8	9	10	11
		12	13	14	15	16			10	11	12	13	14			14	15	16	17	18
		19	20	21	22	23			17	18	19	20	21			21	22	23	24	25
		26	27	28	29	30			24	25	26	27	28			28	29	30	31	
									31											

February							March							April								
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S		
						1						1						1	2	3	4	5
		4	5	6	7	8			4	5	6	7	8			8	9	10	11	12		
		11	12	13	14	15			11	12	13	14	15			15	16	17	18	19		
		18	19	20	21	22			18	19	20	21	22			22	23	24	25	26		
		25	26	27	28				25	26	27	28	29			29	30					

May						
S	M	T	W	TH	F	S
				1	2	3
		6	7	8	9	10
		13	14	15		

Dates in Red indicate no school

■ Holiday Meal



- Menus are subject to change without notice due to availability.

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Served Daily with all Meals: Milk Variety, Fruit Variety & Juice Variety

